

Child & Adolescent OCD, Tic, Trich, and Anxiety Group (COTTAGE)

2011-2012 CLINICIAN WORKSHOP SERIES

The Child and Adolescent OCD, Tic, Trich and Anxiety Group (The COTTAGE) in the Department of Psychiatry at the University of Pennsylvania is pleased to announce our 2011-2012 Clinical Training Workshop Series.

Dr. Martin Franklin, world-renowned expert in the treatment of pediatric OCD, OC Spectrum Disorders, and Anxiety, along with faculty and staff from The COTTAGE will provide intensive instruction in the use of assessment and treatment techniques for pediatric OCD, Anxiety, Tic Disorders, and Trichotillomania, including Cognitive-Behavioral Therapy (CBT) for Anxiety, Exposure and Response Prevention (EX/RP) for OCD, and Habit Reversal Training (HRT) for Tic Disorders and Trichotillomania. These intensive workshops are designed for mental health professionals who would like to sharpen their knowledge of and fundamental skills in providing evidence-based treatments for these disorders to youth in their own treatment setting.

**ASSESSMENT AND REFERRAL FOR PEDIATRIC ANXIETY DISORDERS, OCD,
TRICHOTILLOMANIA AND TIC DISORDERS**

SEPTEMBER 26, 2011

9AM – 12PM



HABIT REVERSAL THERAPY FOR PEDIATRIC TRICHOTILLOMANIA AND TIC DISORDERS

MASTER CLINICIAN WORKSHOP

JANUARY 26-27, 2012

9AM – 5PM



COGNITIVE-BEHAVIORAL TREATMENT OF PEDIATRIC ANXIETY DISORDERS

MASTER CLINICIAN WORKSHOP

APRIL 19 – 20, 2012

9AM – 5PM



COGNITIVE-BEHAVIORAL TREATMENT OF PEDIATRIC OCD

MASTER CLINICIAN WORKSHOP

JUNE 7-8, 2012

9AM – 5PM

Participants will receive treatment materials used in providing the therapy and supporting resources for use with patients and families. Refreshments will also be provided. Cost is \$500 (\$450 for PBTA members) for Master Clinician Workshops and \$250 (\$225 for PBTA members) for the Assessment and Referral Workshop.

This workshop will be co-sponsored by the Philadelphia Behavior Therapy Association (PBTA). PBTA is approved by the American Psychological Association to sponsor continuing education for psychologists. PBTA maintains responsibility for this program and its content. PBTA is also an authorized provider for Continuing Education credits for Professional Counselors, Marriage and Family Therapists and Clinical Social Workers licensed in the state of Pennsylvania. Those interested in receiving continuing education credits (CEs) through the Philadelphia Behavior Therapy Association (PBTA), can pay \$60 (to PBTA) and receive 14 credits per master clinician workshop for their attendance.

For more information about this series and to register:

215 • 746 • 3327

www.med.upenn.edu/cottage

Space is limited (25 attendees), reservations are confirmed on a rolling basis, so don't delay!